Palm Beach County

o2b Delicious

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	**Lunch** Steak Nuggets Applesauce Peas **Snacks** AM Fruit Juice, Graham Crackers PM Gold Fish, Craisins	**Lunch** Turkey Mashed Potatoes Fruit Salad & Bread **Snacks** AM Fruit Juice, Bagel & Jelly PM Cheese Slice, Ritz Crackers	**Lunch** Hamburger w/ Bun (beef) Peaches Green Beans **Snacks** AM Fruit Juice, Vanilla Wafers PM Apple Slices, Low-fat Yogurt	**Lunch** Chicken & Waffles Bananas Broccoli **Snacks** AM Fruit Juice, Muffin PM Apple Sauce, Saltine Crackers	**Lunch** Cheese Quesadilla Oranges Corn **Snacks** AM Fruit Juice, Toasted Oats PM Bananas, Pretzels
2	**Lunch** Meatball Subs (chicken & beef) Applesauce Peas **Snacks** AM Fruit Juice, Animal Crackers PM Oranges, Ritz Crackers	**Lunch** Chicken & Dumplings Fruit Salad Carrots **Snacks** AM Fruit Juice, Snack Mix PM Gold Fish, Craisins	**Lunch** Ham & Cheese Roll Ups Peaches Green Beans **Snacks** AM Fruit Juice, Animal Crackers PM Pears, Pretzels	**Lunch** Mac N Cheese Bananas Broccoli **Snacks** AM Fruit Juice, Toasted Oats PM Apple Slices, String Cheese	**Lunch** Spanish Rice (turkey) Oranges Corn **Snacks** AM Fruit Juice, Bagel w/ Jelly PM Bananas, Low-fat Yogurt
3	**Lunch** Beanie Weenies (pork & beef) Applesauce Bread **Snacks** AM Fruit Juice, Graham Crackers PM Gold Fish, Craisins	**Lunch** Terriyaki Chicken w/ Rice Fruit Salad Carrots **Snacks** AM Fruit Juice, Bagel w/ Jelly PM Cheese Slice, Ritz Crackers	**Lunch** Fish Tacos Peaches Green Beans **Snacks** AM Fruit Juice, Vanilla Wafers PM Apple Slices, Low-fat Yogurt	**Lunch** Shepard Pie (beef) Mashed Potatoes Bananas & Bread **Snacks** AM Fruit Juice, Muffin PM Apple Sauce, Saltine Crackers	**Lunch** Cheese Pizza Oranges Corn **Snacks** AM Fruit Juice, Toasted Oats PM Bananas, Pretzels
4	**Lunch** Chicken & Rice Applesauce Peas **Snacks** AM Fruit Juice, Animal Crackers PM Oranges, Ritz Crackers	**Lunch** Mini Corn Dogs (turkey) Fruit Salad Carrots **Snacks** AM Fruit Juice, Snack Mix PM Gold Fish, Craisins	**Lunch** Raviolis w/ Beef Peaches Green Beans & Bread **Snacks** AM Fruit Juice, Graham Crackers PM Pears, Pretzels	**Lunch** Grilled Cheese Bananas Broccoli **Snacks** AM Fruit Juice, Toasted Oats PM Apple Slices, String Cheese	**Lunch** Taco Salad (beef) Oranges Corn **Snacks** AM Fruit Juice, Bagel w/ Jelly PM Bananas, Low-fat Yogurt

Milk is served with lunch.
All Milk Served Is Unflavored, 1 Year Olds = Whole Milk, 2-5 Year Olds = 1% Milk

Revised 1.31.22

CALENDAR 2022

Week	Dates	Week	Dates
1	Dec 13-17	1	Jun 27-Jul 1
2	Dec 20-24	2	Jul 4-8
3	Dec 27-31	3	Jul 11-15
4	Jan 3-7, 2022	4	Jul 18-22
1	Jan 10-14	1	Jul 25-29
2	Jan 17-21	2	Aug 1-5
3	Jan 24-28	3	Aug 8-12
4	Jan 31-Feb 4	4	Aug 15-19
1	Feb 7-11	1	Aug 22-26
2	Feb 14-18	2	Aug 29- Sep 2
3	Feb 21-25	3	Sep 5-9
4	Feb 28-Mar 4	4	Sep 12-16
1	Mar 7-11	1	Sep 19-23
2	Mar 14-18	2	Sep 26-30
3	Mar 21-25	3	Oct 3-7
4	Mar 28-Apr 1	4	Oct 10-14
1	Apr 4-8	1	Oct 17-21
2	Apr 11-15	2	Oct 24-28
3	Apr 18-22	3	Oct 31- Nov 4
4	Apr 25-29	4	Nov 7-11
1	May 2-6	1	Nov 14-18
2	May 9-13	2	Nov 21-25
3	May 16-20	3	Nov 28- Dec 2
4	May 23-27	4	Dec 5-9
1	May 30-Jun 3	1	Dec 12-16
2	Jun 6-10	2	Dec 19-23
3	Jun 13-17	3	Dec 26- 30
4	Jun 20-24	4	Jan 2-6, 2023