

Monday

Tuesday

Wednesday

Thursday

Friday

Week

1

Breakfast
Cinnamon Toast*
100% Grape Juice
Lunch
Mac & Cheese*
Green Peas
Peaches
PM Snack
Ritz Crackers
Cheese

Breakfast
English Muffin*
Pears
Lunch
Chicken Nuggets*
Broccoli
Applesauce
PM Snack
Soft Pretzels*
Oranges

Breakfast
Oatmeal*
Blueberries
Lunch
Hot Turkey & Cheese*
Carrots
Banana
PM Snack
Yogurt
Apples

Breakfast
Blueberry Muffin*
Fruit Salad
Lunch
Italian Chicken w/ Rice*
Green Beans
Pineapple
PM Snack
Saltine Crackers
Oranges

Breakfast
Chex Cereal*
Banana
Lunch
Beef Burger w/ Bun*
Corn
Baked Apples
PM Snack
Goldfish
Peaches

2

Breakfast
Waffles
Applesauce
Lunch
Teriyaki Chicken w/Rice*
Mixed Vegetables
Pineapple
PM Snack
Saltine Crackers
Oranges

Breakfast
Bagel*
Fruit Salad
Lunch
Chicken Pot Pie w/ Biscuit*
Corn
Peaches
PM Snack
Pita Bread*
Hummus

Breakfast
Grits*
Mandarins
Lunch
Beef & Bean Tacos*
Carrots
Pears
PM Snack
Animal Crackers
Banana

Breakfast
Cheerio Cereal*
Banana
Lunch
Turkey Pot Roast
Mashed Potato
Mixed Fruit
Sliced Bread*
PM Snack
Graham Crackers
100% Apple Juice

Breakfast
Yogurt
Strawberries
Lunch
Pizza*
Broccoli
Oranges
PM Snack
O2B Snack Mix
Apples

3

Breakfast
Cinnamon Toast*
100% Apple Juice
Lunch
Lemon Chicken w/ Rice*
Green Beans
Peaches
PM Snack
Ritz Crackers
Cheese

Breakfast
English Muffin*
Pears
Lunch
Fish Sticks*
Broccoli
Applesauce
PM Snack
Soft Pretzel*
Oranges

Breakfast
Oatmeal*
Blueberries
Lunch
Chicken Adobo Taco*
Corn
Pears
PM Snack
Yogurt
Apples

Breakfast
Banana Muffin*
Fruit Salad
Lunch
Korean Meatballs
Mashed Potato
Pineapple
Sliced Bread*
PM Snack
Saltine Crackers
Oranges

Breakfast
Chex Cereal*
Banana
Lunch
Turkey Sausage
Corn
Apples
French Toast*
PM Snack
Goldfish
Peaches

4

Breakfast
Waffles
Applesauce
Lunch
Hawaiian Ham & Rice*
Mixed Vegetables
Pineapple
PM Snack
Saltine Crackers
Oranges

Breakfast
Bagel*
Fruit Salad
Lunch
BBQ Chicken Sandwich*
Sweet Tater Tots
Pears
PM Snack
Pita Bread*
Hummus

Breakfast
Grits*
Mandarins
Lunch
Shepherd's Pie
Mashed Potatoes
Peaches
Biscuit*
PM Snack
Animal Crackers
Banana

Breakfast
Cheerios Cereal*
Banana
Lunch
Chicken Parmesan
Carrots
Mixed Fruit
Garlic Toast
PM Snack
Graham Crackers
100% Grape Juice

Breakfast
Yogurt
Strawberries
Lunch
Grilled Cheese*
Broccoli
Oranges
PM Snack
O2B Snack Mix
Apples



CALENDAR 2023

Week	Dates	Week	Dates
1	Jan 2-6	3	Jul 3-7
2	Jan 9-13	4	Jul 10-14
3	Jan 16-20	1	Jul 17-21
4	Jan 23-27	2	Jul 24-28
1	Jan 30-Feb 3	3	Jul 31-Aug 4
2	Feb 6-10	4	Aug 7-11
3	Feb 13-17	1	Aug 14-18
4	Feb 20-24	2	Aug 21-25
1	Feb 27-Mar 3	3	Aug 28-Sep 1
2	Mar 6-10	4	Sep 4-8
3	Mar 13-17	1	Sep 11-15
4	Mar 20-24	2	Sep 18-22
1	Mar 27-31	3	Sep 25-29
2	Apr 3-7	4	Oct 2-6
3	Apr 10-14	1	Oct 9-13
4	Apr 17-21	2	Oct 16-20
1	Apr 24-28	3	Oct 23-27
2	May 1-5	4	Oct 30-Nov 3
3	May 8-12	1	Nov 6-10
4	May 15-19	2	Nov 13-17
1	May 22-26	3	Nov 20-24
2	May 29-Jun 2	4	Nov 27-Dec 1
3	Jun 5-9	1	Dec 4-8
4	Jun 12-16	2	Dec 11-15
1	Jun 19-23	3	Dec 18-22
2	Jun 26-30	4	Dec 25-29

Milk Served with Breakfast & Lunch. All Milk Served Is Unflavored, 1 Year Olds = Whole Milk, 2 Year Olds-School Age = 1% Milk
* Denotes Whole Grain is Served.