

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Week

1

**Breakfast**  
Cinnamon Toast\*  
Applesauce  
**Lunch**  
Chicken Sandwich  
Green Beans  
Mango  
Bun\*  
**PM Snack**  
Goldfish  
Oranges

**Breakfast**  
Chex Cereal\*  
Banana  
**Lunch**  
Meatloaf  
Corn  
Pears  
Brown Rice\*  
**PM Snack**  
Pretzels  
Cheese

**Breakfast**  
Yogurt  
Strawberries  
**Lunch**  
Turkey & Cheese Roll Up  
Broccoli  
Peaches  
Tortilla\*  
**PM Snack**  
Ritz Crackers  
Apples

**Breakfast**  
Blueberry Muffin\*  
Mandarins  
**Lunch**  
Mac & Cheese  
Green Peas  
Banana  
Pasta\*  
**PM Snack**  
Wheat Pita\*  
Sliced Turkey

**Breakfast**  
Waffles\*  
Mixed Fruit  
**Lunch**  
Korean Beef  
Carrots  
Pineapple  
Brown Rice\*  
**PM Snack**  
Cottage Cheese  
Mixed Berries

2

**Breakfast**  
Raisin Bread w/Butter  
Fruit Cocktail  
**Lunch**  
Fish Sticks\*  
Mashed Sweet Potato  
Applesauce  
**PM Snack**  
Veggie Crackers  
Cheese

**Breakfast**  
Cheerio Cereal\*  
Cinnamon Apples  
**Lunch**  
Italian Beef Subs  
Squash  
Banana  
Bun\*  
**PM Snack**  
Graham Crackers  
Oranges

**Breakfast**  
Buttered Biscuit\*  
Pears  
**Lunch**  
Chicken Alfredo  
Mixed Vegetables  
Peaches  
Pasta  
**PM Snack**  
Hummus  
Pita\*

**Breakfast**  
Bagel\*  
Banana  
**Lunch**  
Taco Salad  
Corn & Black Bean Salad  
Oranges  
Yellow Rice\*  
**PM Snack**  
Yogurt  
Apples

**Breakfast**  
Pancakes\*  
Applesauce  
**Lunch**  
Pizza\*  
Salad  
Mandarins  
**PM Snack**  
Saltines  
Mixed Fruit

3

**Breakfast**  
Cinnamon Toast\*  
Applesauce  
**Lunch**  
Hamburgers  
Green Beans  
Mango  
Bun\*  
**PM Snack**  
Goldfish  
Oranges

**Breakfast**  
Chex Cereal\*  
Banana  
**Lunch**  
Turkey Pot Roast  
Corn  
Pears  
Brown Rice\*  
**PM Snack**  
Pretzels  
Cheese

**Breakfast**  
Yogurt  
Strawberries  
**Lunch**  
Ham & Cheese Roll Up  
Broccoli  
Peaches  
Tortilla  
**PM Snack**  
Ritz Crackers  
Apples

**Breakfast**  
Blueberry Muffin\*  
Mandarins  
**Lunch**  
Grilled Cheese  
Green Peas  
Banana  
Sliced Bread\*  
**PM Snack**  
Wheat Pita\*  
Sliced Turkey

**Breakfast**  
Waffles\*  
Mixed Fruit  
**Lunch**  
Teriyaki Chicken  
Carrots  
Pineapple  
Brown Rice\*  
**PM Snack**  
Cottage Cheese  
Mixed Berries

4

**Breakfast**  
Raisin Bread w/Butter  
Fruit Cocktail  
**Lunch**  
BBQ Chicken Sandwich  
Mashed Sweet Potato  
Applesauce  
Bun\*  
**PM Snack**  
Veggie Crackers  
Cheese

**Breakfast**  
Cheerio Cereal\*  
Cinnamon Apples  
**Lunch**  
Salisbury Steak  
Squash  
Banana  
Brown Rice\*  
**PM Snack**  
Graham Crackers  
Oranges

**Breakfast**  
Buttered Biscuit\*  
Pears  
**Lunch**  
Meat Spaghetti  
Mixed Vegetables  
Peaches  
Pasta\*  
**PM Snack**  
Hummus  
Pita\*

**Breakfast**  
Bagel\*  
Banana  
**Lunch**  
Cheese Quesadilla  
Corn & Black Bean Salad  
Oranges  
Yellow Rice\*  
**PM Snack**  
Yogurt  
Apples

**Breakfast**  
Pancakes\*  
Applesauce  
**Lunch**  
Chicken Nuggets\*  
Salad  
Mandarins  
**PM Snack**  
Saltines  
Mixed Fruit



**2023-2024 CALENDAR**

Week	Dates	Week	Dates
1	Jul 3-7	3	Jan 1-5
2	Jul 10-14	4	Jan 8-12
3	Jul 17-21	1	Jan 15-19
4	Jul 24-28	2	Jan 22-26
1	Jul 31-Aug 4	3	Jan 29-Feb 2
2	Aug 7-11	4	Feb 5-9
3	Aug 14-18	1	Feb 12-16
4	Aug 21-25	2	Feb 19-23
1	Aug 28-Sep 1	3	Feb 26-Mar 1
2	Sep 4-8	4	Mar 4-8
3	Sep 11-15	1	Mar 11-15
4	Sep 18-22	2	Mar 18-22
1	Sep 25-29	3	Mar 25-29
2	Oct 2-6	4	Apr 1-5
3	Oct 9-13	1	Apr 8-12
4	Oct 16-20	2	Apr 15-19
1	Oct 23-27	3	Apr 22-26
2	Oct 30-Nov 3	4	Apr 29-May 3
3	Nov 6-10	1	May 6-10
4	Nov 13-17	2	May 13-17
1	Nov 20-24	3	May 20-24
2	Nov 27-Dec 1	4	May 27-31
3	Dec 4-8	1	Jun 3-7
4	Dec 11-15	2	Jun 10-14
1	Dec 18-22	3	Jun 17-21
2	Dec 25-29	4	Jun 24-28

1 Year Olds = Whole Milk, 2 Year Olds-School Age = 1% Milk  
Unflavored Milk Served with Breakfast & Lunch.  
Water Served with all Snacks  
\* Denotes Whole Grain is Served